



The Tongariro Crossing Walk



The Tongariro Crossing Walk: A Life Changing Experience!

4 Days, 3 Nights

Challenging Grade



tour highlights

- Stark volcanic landscapes
- Native beech forest
- Steaming crater lakes
- Alpine fields
- Great company
- Experienced attentive guide

tour cost:

2021 / 2022

NZD\$1750

options & supplements

Single Supplement:

NZD\$200

tours run

November - April
Starting in Rotorua



Tuatara Tours NZ Ltd, PO Box 13544, Christchurch 8141, New Zealand
Phone: New Zealand: 0800 377 378, Australia: 1 800 044 633, World: +64 3 962 3280
Email: info@tuataratours.co.nz, Web: www.tuataratours.co.nz





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the tour

Experience the dramatic alpine and volcanic landscapes of World Heritage Area Tongariro National Park, with a small group and experienced local guide. Walk the unforgettable **Tongariro Alpine Crossing**.

Significant cultural heritage combined with arid badlands, crater lakes, sparkling rivers, breath-taking lunar landscapes, native beech forest and alpine meadows - this New Zealand walking tour is a once in a lifetime experience not to be missed!

40km - (24 miles)

at a glance

- Day 1 Rotorua Pick Up and Dinner
- Day 2 Crossing the Tongariro
- Day 3 Mt Ruapehu and Various
- Day 4 Waterfalls and Rainforests

trip grading

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the terrain, the altitude, the number of pass crossings and the length of the trip.

The Tongariro Crossing Walk is graded Challenging: An above average level of fitness, Walk 20+ km, Bike 50+km on partially formed tracks and roads, some off-road, some steep inclines, some easy river and creek crossings.

about your guides

Our guides are very experienced, friendly walkers and bikers who love to share their knowledge of New Zealand's flora and fauna and local history.

They all hold current first aid certificates, passenger driving licences and are the very best people to ensure your experience will be one to remember.



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The Tongariro Crossing Walk



itinerary

Day 1 Arrive Central Plateau

Pick-up from Rotorua central or airport approx 1:30pm, or Taupo 2:30pm.

Arrive in Tongariro National Park and become acquainted with the area and your guide with a short walk. Settle in to your accommodation with a glass of New Zealand wine, while the sun sets over the impressive Tongariro volcanoes.

Relish a delicious New Zealand style restaurant meal while you get to know the other members of your small group. Retire to a cozy bed and hot shower, ready to tackle the world's best day hike tomorrow - the Tongariro Alpine Crossing!

Day 2 Tongariro Alpine Crossing

Walk the Tongariro Alpine Crossing - known as the best one-day walk in New Zealand and possibly the world. A challenging hike leads through stunning volcanic landscapes, past steaming craters, quirky coloured lakes and impressive dome volcanoes. Fantastic views over central North Island. Fair weather and a good level of fitness are required to undertake this hike.

If conditions allow we will have an early start on the track, so we can enjoy the pre-dawn solitude of the mountains and watch the sunrise over the volcanoes – a truly magical experience!

Lonely Planet recommends a walk amidst the Tongariro Volcanoes as "a life-changing experience not to be missed!" Your guides make this unforgettable hike even more memorable by sharing their local knowledge, setting a relaxed pace, and providing a well-earned celebratory drink and snack at the end of the track.

Return to our lodgings to soak your weary muscles in the hot outdoor spa pool, before having a casual pub dinner with the locals.

Day 3 Mt Ruapehu

Travel around the southern side of Mt Ruapehu to experience some of New Zealand's rail history on the Old Coach Road trail. Between 1906 to 1908 the road was used to carry passengers and goods by horse and coach, between two railheads on the main trunk line.

Heritage features on the trail include a unique cobbled road, massive steel viaducts, a curved tunnel, railway bridge remains, and old campsites. The 15km walk takes around 5 hours, and also passes through some beautiful stands of native forest with sweeping views across the district.

If conditions allow we will explore the dramatic, rock-strewn landscapes higher up Mt Ruapehu. At 2797 metres above sea level, the North Island's highest mountain offers jaw-dropping views over the National Park with various hiking options or catch a chair-lift up to NZ's highest café.

Tonight we enjoy a final celebration dinner.





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itinerary continued

Day 4 Rainforests and Waterfalls

After breakfast we pack up and explore more of Tongariro National Park with a walk to the Taranaki Falls. Tumbling 20 metres over the edge of an old lava flow, which erupted from Mt Ruapehu 15,000 years ago, the falls plunge into a boulder-ringed pool. The track passes through an interesting range of alpine meadows and beech forest, with spectacular views of the mountains.

Then hike around the glistening Lake Rotopounamu, which is nestled in the side of an old volcanic mountain and totally fringed with lush forest.

Drop off in Taupo approx 4 - 5pm or Rotorua 5 - 6pm



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what is included

Accommodation

The 3-star Park Hotel in National Park Village.

- Single, twin or family rooms.
- Choice of mezzanine or ground floor rooms
- All rooms have an ensuite bathroom, fridge, TV, tea & coffee facilities and heating
- Drying rooms available
- On-site restaurant and bar
- Outdoor heated spa pool
- No room service available
- Single supplement charge is \$200.

The bathrooms at The Park Hotel are small, each one has a shower, toilet and basin.

Food

You will enjoy great local cuisine; breakfasts and hearty packed lunches during the day, and either restaurant meals or wholesome home-cooked fare prepared by your host/hostess in the evenings. If you have any dietary issues or food allergies, we are happy to cater for these, please advise the office of details when you make your booking. Alcohol is not included in the tour cost, but is available for purchase most nights.

Luggage

We transport all your luggage for the duration of the tour.

All you carry is a small day pack with your personal gear, drink and lunch. We do the rest

An experienced and fully qualified guide

All transport

Access and Concession fees paid to the Department of Conservation

NZ Goods and Service Tax (GST)

Safety and Risk Management

To ensure maximum safety for all, our guides are certified first aiders and fully qualified drivers. Tuatara Tours operate under a Safety and Risk Management Plan which is regularly audited and approved by a qualified and independent auditor.

This tour is operated in conjunction with another operator.

what is not included

- pre and post tour accommodation
- personal expenses
- gratuities, tipping is not expected in NZ but gratefully received. It is at your discretion whether or not to reward for excellent service





The Tongariro Crossing Walk



pre tour checklist

Please ensure you have the following items for your walking tour.

Essential Items

- Day pack
- Warm hat & gloves
- Drink bottle or camel bak – 2 litre capacity
- Personal toiletries, shampoo, and any essential medications
- Sunscreen, sunglasses & sunhat
- Camera & charger

Clothing

- Hiking Boots (sturdy boots, preferably with ankle support, worn in please!)
- Waterproof rain coat with hood (we lend raincoats by prior arrangement)
- Socks (about 3 pairs, wool is best)
- Shorts or light weight trousers for walking
- Thermal leggings or long-johns to wear while walking (these are essential for walking in an alpine environment)
- Thermal long sleeved shirt (polypro or wool)
- Short-sleeved shirts (preferably polypropylene or wool: merino wool is ideal)
- Long-sleeved shirt or light sweater
- Warm wool or polar fleece jersey
- Smart/Casual clothes for the evenings
- PJ's / sleepwear

Optional Items, these are highly recommended but not essential

- Swimsuit & towel (river and hot-pool swimming opportunities may exist)
- Walking poles (highly recommended)
- Light running/walking shoes or sandals for easy walks
- Mobile phone
- Book, trip journal etc
- Water-proof over trousers
- Down or windproof jacket
- Blister kit
- Head torch or small hand held torch

We Supply

- All meals, snacks, hot & cold drinks
- Linen & bath towels
- Toilet paper & soap

Please Ensure....

- Ensure you have plenty of warm clothing - be prepared for cold mountain weather.
- To prevent the spread of noxious weeds and plant diseases, please clean your boots and walking poles thoroughly before the hike.

We do not recommend you walk in cotton garments, jeans or silk. These fabrics take much longer to dry after perspiration or wet weather and you may feel damp and cold, even inside the best raincoat.

Plan around three layers of clothing, your inner or core layer which should be wool (merino) or polypropylene to trap warmth against the skin, a middle layer, and a top waterproof layer to protect from rain and wind.





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frequently asked questions

What do I carry while on my tour and what happens to the rest of my luggage?

On a walking, cycling or kayak tour your extra luggage will be transported for you each day to your accommodation that night. All you need to have with you is your daypack with your lunch, clothing requirements, camera and incidentals. For cyclists, this can be left in the support vehicle while you are cycling as this is always close by for ready access. Please ensure the luggage you are sending on ahead is limited to one item and is packed in an easily transported overnight bag or suitcase.

On a hiking tour where huts and lodges are less accessible by vehicle, you may be asked to carry your own luggage for some or all of the days of the tour, please refer to your itinerary for details. For this reason we recommend you pack as lightly as possible and carry only the items suggested on your gear check list. For any of our tours, we recommend the use of a waterproof pack liner to keep your personal items as dry as possible.

Do I really need thermals and a fleece, even in summer?

Yes, as some of the areas visited can be exposed, and New Zealand weather can be notoriously changeable, you must be prepared for all weather conditions.

How many people are in each group?

Typically, we take a maximum of twelve people on each tour. We feel this gives you the best opportunity to gain as much from your experience as possible and keeps the feel of each tour relaxed and friendly. We are happy to discuss options for groups of more than twelve with you.

How fit do I need to be?

The main purpose of a guided tour is to enjoy your surroundings and learn from your local guide, it's not a race, however the more you can prepare for a tour, the better the experience will be for you. As a general guideline we suggest the following activity level guide for our tours.

- Easy: An average level of fitness, Walk 7km, Bike 15km on well-formed tracks and roads with very little incline.
- Mild: An average level of fitness, Walk 12km, Bike 25km on well-formed tracks and roads with average incline.
- Moderate: An above average level of fitness, Walk 20km, Bike 45km on formed tracks and roads with some average to steep inclines at times.
- Challenging: An above average level of fitness, Walk 20+ km, Bike 50+km on partially formed tracks and roads, some off-road, some steep inclines, some easy river and creek crossings.

How do I train for my upcoming tour?

Undertake your training using the clothing and footwear you intend to complete the tour in, this will give you the opportunity to make sure they will be suitable for the purpose and to break in your foot wear so as to avoid any discomfort. Train with your pack or day pack on so you get used to bearing the weight and include a variety of terrain in your training including hills and off road. As much as we'd like to we can't guarantee fine weather on your tour so don't hesitate to get outdoors and train on the rainy days as well.

What will the weather be like?

New Zealand is known to have four seasons in a day so you should always be prepared for sudden changes in weather or temperature and have the appropriate gear with you at all times. Rain can be expected at any time throughout the year.

Spring (September-November) and Autumn (March-May) are generally cooler months for experiencing the outdoors with temperatures averaging 15-25 degrees during the day.

Summer (December-February) is usually warmer with averages of 20-30 degrees and longer sunshine hours due to daylight saving. As New Zealand has very little air pollution, UV rays are strong during the summer months and a good sunscreen and a hat are recommended for outdoor activities during the heat of the day.





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how to book

Go to www.tuataratours.co.nz, click the make an enquiry button and submit your booking request using the form provided.

We enjoy talking to people about their travel interests. So feel free to contact us directly if you'd rather not fill out a form.

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pre and post tour accommodation

If you would like some help booking pre/post tour accommodation we can help

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custom tours

We Can Customise Existing Tours - You may want to spend an extra day or you may want to add an element to your tour!

We Can Design A New Tour Just For You. We have years of experience in creating custom-made tours for groups, so if you are planning a tour for your friends, family, club, corporate workplace.... contact us now.

subscribe to our newsletter

Our newsletter will be emailed to you monthly on the first working day of every month.

- latest trips
- travel advice
- events & attractions
- and more!



Go to www.tuataratours.co.nz and go to the newsletter sign up in the footer of any page.

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TuataraTours-experienced and innovative

Tuatara Tours is an experienced and innovative walking and biking adventure company, based in the South Island of New Zealand.

The vision at Tuatara Tours is to encourage as many people as possible to be involved in fun, adventure and the outdoors.

We understand the outdoors and we revel in the country, people and climate that we work with

our team is here to provide you with the best experience

We only have one world and we have to share it with each other. Much of the attraction for our clients is to experience unspoiled and un-crowded landscapes. It is our challenge to ensure that in this sharing of the experience, we minimise where possible, the impact of our business.

Through the introduction of strict environmental guidelines, we minimise our impact on the environment we live and work in

responsible travel

None of us could deny the benefits of travel in broadening our horizons and our way of thinking about the world we all share; travel breaks down barriers and provides valuable insights into other ways of life, it challenges us to step outside our comfort zone and to learn from those around us.

Our responsibility as participants in this journey is to acknowledge our impact on the environment and the communities in which we travel and to consider our individual contribution now and for the benefit of future generations.

We are Gold Qualmark endorsed; New Zealand tourism's official benchmark for environmental standards and quality control.

Wherever possible our company utilises local products and services, we support conservation efforts to preserve our natural and cultural heritage and we respect and care for the unique environment we travel in. Make your commitment to responsible travel with us.

adventure travel

By its very nature adventure travel involves an element of the unexpected. To get the most out of your adventure it is important that you are mentally flexible, positive and eager to take on all the challenges that arise.

If you are uncertain about your suitability for this tour, speak with us and we can help guide you in the right direction.

NZ Walking Tours

The Akaroa Walk
The Franz Josef Trail
The Mesopotamia High Country Walk
The Queen Charlotte Walk
The West Coast Trail
The Hump Ridge Track Walk
The Coromandel Explorer Walk
The Tongariro Crossing Walk
The Lake Waikaremoana Walk
Great Barrier Island Escape
The Abel Tasman Walk - 3 Days
The Abel Tasman Walk - 5 Days
The Abel Tasman Walk/Kayak - 3 Days
The Abel Tasman Walk/Kayak - 5 Days
Bucket List Walk
The Old Ghost Road

NZ Hiking Tours

The Heaphy Track
The Lake Waikaremoana Great Walk
The Stewart Island Track
The Tongariro Crossing Walk

NZ Cycling Tours

Around The Mountains Cycle trail
The Tekapo Canal Trail
The Alps 2 Ocean Cycle Trail
The West Coast Wilderness Cycle Trail
The Queenstown Cycle Trail
The Otago Rail Trail
The Tasman Great Taste Trail and Golden Bay Explorer

Overseas Tours

Bhutan Tours
Japan Walking Tours
Australia Walking Tours

All of these tours and more available at www.tuataratours.co.nz





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country information

Culture

New Zealand has a diverse multi-cultural population, the majority of whom are of British descent. New Zealand's indigenous Maori make up around 14 percent of the population. The culture of its indigenous Maori people affects the language, the arts, and even the accents of all New Zealanders. New Zealanders embrace new technology and culture, but they also have a background of quiet but rugged individualism, self-reliance and a passion for invention. Many New Zealanders travel extensively and thrive on learning and experiencing other cultures. They are renowned for their openness, ingenuity and "easy-going" nature.

Environment

Fourteen spectacular national parks preserve New Zealand's natural heritage enshrining a huge variety of landscapes, vegetation and wildlife, New Zealand encompasses rich farmland, mountains, rivers and unsurpassed scenery. The country is slightly bigger than the UK in size. Three-quarters of the population live in the North Island with more than a third of New Zealand's population living in the largest city, Auckland.

The South Island - with its lakes, fiords and spectacular outdoor scenery is the most popular destination for tourists. The gateway to the South Island is Christchurch - a city of approximately 380,000 people.

Recreation

New Zealand's stunning landscapes, lush forests, amazing wildlife and pleasant climate make it a haven for many outdoor activities, and a great place to relax and enjoy life.

New Zealanders love the outdoors, especially tramping (hiking), camping, skiing and snowboarding. Sailing, surfing and swimming are also favourite pursuits. New Zealand's sports and recreation facilities are inexpensive, abundant and very accessible.



tuatara conservation

Tuatara Tours are proud to be actively involved in Tuatara Conservation.

Tuatara Tours has formally adopted "BP" a male juvenile tuatara who resides at Orana Park in Christchurch and is part of the conservation programme to ensure the safe future of these amazing reptiles.



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TUATARA TOURS TERMS AND CONDITIONS

Tuatara Tours NZ Limited accepts bookings subject to the following conditions:

Contract

This contract is between Tuatara Tours and you the client being any person travelling or intending to travel on a tour supplied by Tuatara Tours as the operator. The contract, including all matters arising from it, is subject to New Zealand law and the exclusive jurisdiction of the New Zealand courts. Only Employees and Directors of Tuatara Tours have authority to vary or omit any of the terms.

Price

The price is quoted in New Zealand dollars and includes GST of 15%. The price is based on prices at time of publishing and Tuatara Tours hereby reserves to modify without notice those prices in any way considered necessary or desirable.

Organised tour accommodations are based on a twin/double share accommodation. Individual travellers will be placed in rooms together with other individual travellers of the same sex. A single supplement is available on request.

Confirmation of Booking

Bookings are confirmed upon receipt of the full tour price and become definite from that date. Tuatara Tours or their agents reserve their right to decline any booking at their discretion.

Cancellation

If a client wishes to cancel a tour the following charges will be applied: (Unless stated otherwise at time of confirmation of the tour)

1. 91+ days prior to departure – no fee
2. 90-60 days prior to departure – NZD\$100.00 per person applies
3. 59-30 days prior to departure – 30% of total package cost applies
4. 29-0 days prior to departure – 100% of total package cost applies
5. After tour commencement – no refund available.

If a client fails to join the tour, or joins after the tour departure date, no refund will be made. These cancellation fees are not negotiable, therefore we strongly recommend that you purchase travel insurance.

Insurance

Tuatara Tours recommends that the client take out tour cancellation insurance together with all other necessary travel insurances. Obtaining all necessary insurances is the responsibility of you the client and Tuatara Tours can not held liable for any failure on your part to get insurance.

Medical conditions

When you book you must notify us of any medical condition, medical history or medication that you are on.

Changes to Tours

Tuatara Tours will use its best endeavours to ensure that all tours are operated as advertised. It may be that reasonable changes in the itinerary may need to be made where is deemed necessary or advisable by Tuatara Tours. Changes will be advised to the client as soon as is reasonably possible. Where a tour service needs to be changed, a substitute or similar quality or standard will be provided.

Weather

Adverse weather conditions may mean that planned activities cannot proceed as intended. A decision to change an advertised tour based on the weather conditions will be made by a tour guide at the time and is made in the best interest of the group and their safety. Tuatara Tours and or their contracted suppliers can not be held responsible to any changes as a result of the weather.

General conditions

Tuatara Tours, its agents, contractors and guides do not accept responsibility or liability for loss, damage to, or theft of personal belongings (owners risk) or for any expenses, including medical and transport expenses arising from a personal accident, injury, illness, or hospitalisation. Tuatara Tours and their guides reserve the right to make any alterations to the itinerary in the interest of safety, or unforeseen circumstances due to causes such as weather, illness or misadventure. Every reasonable endeavour will be made to keep to published schedules but no guarantee is given. Tuatara Tours will not be held liable for costs incurred by change, delay or the missing of connecting services. Tuatara Tours reserves the right to exclude a person from a tour at any time, if in the opinion of the guide or operator, that person may be likely to risk the health, safety or comfort (including unsociable behaviour) of other clients, him or herself or the environment. In such circumstances, Tuatara Tours will not be obliged to offer any refund or transfer ticket. These terms and conditions apply to each participant including in a group booking. Where a booking is made on behalf of a group or two or more people then each participant in the group must be made aware of and accept these terms and conditions



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