



Ladies Only-EBike Tour Otago Rail Trail



A Journey Into The Past Through Spectacular Central Otago

5 Days, 4 Nights

Easy Grade



Join Helen our experienced tour guide on one of our ladies only E-Bike Tours

The tours are designed to be 5 days of fun cycling with no pressure and no competition, ride at your own pace.

You get detailed practical hands on lessons on how to ride and operate your E-Bike.

You will be amazed at how easy E-Bikes are to ride and operate and how easy the whole idea of biking a trail has become.

tour highlights

- Historical gold works
- Vast wide open expanses
- Rich in history
- Easy trail riding
- Great company
- Experienced attentive guide

tours run

November - April Starting in Christchurch
Custom Groups: Options are available for this tour

tour cost:

2020 / 2021

NZD\$2200

Your E Bike hire is included in your tour cost

options & supplements

Single Supplement:

NZD\$475

Tuatara Tours does not require single travellers pay a surcharge for travelling alone. We will arrange for you to share accommodation with another traveller of the same gender and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share, a single supplement is payable to guarantee your own room.



Tuatara Tours NZ Ltd, PO Box 13544, Christchurch 8141, New Zealand
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the tour

The Otago Central Rail Trail is ideal for cyclists who wish to see some spectacular Central Otago scenery, at an easy pace, on flat gravelled terrain.

Trains typically travel through hills, around hills but (if it can be avoided) not uphill (the maximum gradient is 2%).

The Rail Trail runs for 150kms between Clyde and Middlemarch (close to Dunedin), passing through the towns of Clyde, Alexandra, Chatto Creek, Omakau, Lauder, Oturohua, Wedderburn, Ranfurly, Waipiata and Hyde.

at a glance

Day 1	Christchurch to Clyde	
Day 2	Clyde to Lauder	44km
Day 3	Lauder to Ranfurly	35km
Day 4	Ranfurly to Hyde	46km
Day 5	Hyde to Middlemarch - Christchurch	27km

trip grading

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the terrain, the altitude, the number of pass crossings and the length of the trip.

The Otago Central Rail Trail is graded Easy: An average level of fitness, Walk 7km, Bike 15km on well-formed tracks and roads with very little incline.

about your guide

Our guides are very experienced, friendly walkers and bikers who love to share their knowledge of New Zealand's flora and fauna and local history.

They all hold current first aid certificates, passenger driving licences and are the very best people to ensure your experience will be one to remember.

official partner

Tuatara Tours is proud to be in an official partnership with The New Zealand Cycle Trail.



The objective of the partnership is to create a nationwide network of cycle trails that connect the Great Rides with the rest of New Zealand.



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itinerary

Custom Groups: Options are available for this tour.

Day 1 Christchurch to Clyde

We depart from Christchurch for the drive south, via the inland route through to Lake Tekapo and on to Twizel where we stop for lunch and then have a relaxing ride to ensure that our bikes are the correct fit.

We then board the bus to drive through the Mackenzie Country, cross the Lindis Pass, then descend down past Cromwell and travel alongside the scenic river gorge to Clyde.

This is a fantastic day, as you enjoy the huge scenery that makes the area so famous. It is majestic country that the artist Grahame Sydney loves to paint.

We eat out at a restaurant in Clyde, and stay in the beautifully restored historic Dunstan House this evening.

Day 2 Clyde to Lauder - 44km biking

The actual Rail Trail ride starts today. We leave Clyde, crossing the flat rural countryside until Chatto Creek..... where we stop for lunch. The trail then starts to rise before levelling off at Omakau, where we briefly leave the trail and take a short ride around the quaint township of Ophir.

In the afternoon we make a side trip in the bus to the historic gold-mining town of St Bathans, and walk around the beautiful Blue Lake..... with a mandatory stop at the Vulcan Hotel!

The highlights of today are the wooden trestle Muttontown Viaduct; the Old Tucker Hill gold diggings; views of the Dunstan Mountains and Raggedy Range; and (hopefully) sighting brown trout in the Manuherikia River.

At the end of the day we drive back to Lauder, for a relaxing drink at the pub before dinner.

Our accommodation tonight is at the charming (converted) historic Lauder School.

Day 3 Lauder to Ranfurly - 35km biking

On the third day we cycle through two tunnels and over two rail bridges. Below us at the time are a willow tree edged gorge and welcoming river pools. We finally emerge into the scenic Idaburn valley, and then have a last easy climb up to the summit of the trail. We then enjoy the descent down to the art deco township of Ranfurly.





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Day 4 itinerary continued

The highlights of today include the engineering marvel of the Poolburn Gorge Viaduct and tunnels; the vast wide open Ida Valley (made famous by the artist Grahame Sydney); the Idaburn dam (known for its winter curling); and a trip to Hayes Engineering Works (Hayes invented the wire strainer, pulley block and cattle stop at the beginning of the 20th century); and visiting the town of Wedderburn.

We also drive to Naseby, which is a small forestry township, and play a game of curling (if you can imagine bowls on ice then you are on the right track....they have the only dedicated curling rink in the Southern Hemisphere).

We continue on to the famous Kyeburn gold diggings and the historic Dansey's Pass Inn..... where we dine and stay at the end of the day.

Day 4 Ranfurly to Clyde - 46km biking

We head off from the Dansey's Pass Inn to the Real Dog Equipment Company, to see the famous Antarctic huskies and Alaskan malamutes in action..... before starting the ride for the day (which has some of the best riding of the trip). We follow the trail from Waipiata to the edge of an old lake, before entering the Taieri Gorge. The trail then crosses through further tunnels and bridges..... before a fast downhill to the end of today's cycling at Hyde.

The highlights of today's cycle include crossing the vast Maniototo Plains; following the Taieri River as it snakes around the Rock and Pillar Range; crossing the stone bridge over Cap Burn; and experiencing the 32 metre high Price's Creek Viaduct, and the 152 metre long tunnel.

Tonight we return to Ranfurly where we stay for the night.

Day 5 Hyde to Middlemarch - Christchurch - 27km biking

The highlight of the final day's ride includes views of the Rock and Pillar and Taieri Ranges; the Hyde Railway Disaster memorial; and dropping down into the Strath Taieri Plain.

We end at Middlemarch – which is a small farming town that is well known for the Easter singles Ball. Girls travel there to meet eligible rugged young Southern Men who come down to the ball from their hill country stations.

In the afternoon we make our way back to Christchurch, arriving at around 6pm.
Alternatively you can catch a shuttle back to Clyde or Queenstown. (Extra costs involved)

This is a fantastic trip, particularly for novice cyclists who want to experience the wonderful scenery and pioneering history of Central Otago.





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what is included

Accommodation

Double or twin share. If single room accommodation is requested, an additional fee per person is payable to cover this requirement for the duration of the tour.

- Night 1: A charming turn of the century hotel converted into bed and breakfast accommodation in either ensuite or shared facility rooms. Guest lounge and dining room.
- Night 2: The original local school, renovated to provide modern bed and breakfast accommodation, private double or twin rooms with ensuite bathrooms.
- Night 3: An historic stage coach inn, rooms are simply furnished, with ensuite bathrooms. Hotel has guest lounge with large open fire, bar and restaurant.
- Night 4: Modern Motel. Ensuite bathroom.

Food

You will enjoy great local cuisine; continental breakfasts and hearty packed lunches during the day, and either restaurant meals or wholesome home-cooked fare prepared by your host/hostess in the evenings. If you have any dietary issues or food allergies, we are happy to cater for these, please advise the office of details when you make your booking. Alcohol is not included in the tour cost, but is available for purchase most nights.

Luggage

Tuatara Tours transports all your luggage for the duration of the tour.

Tour Kit Bag - Exclusive to Tuatara Tours

To ensure you get the very best out of your journey with the least of fuss, we provide you with a kit bag full of useful goodies. This will be given to you at the start of your tour.

An experienced and fully qualified guide

All transport - support vehicle for the duration of the tour

Access and Concession fees paid to the Department of Conservation

Entrance fees for Hayes Engineering, Curling and visit to the Real Dog Company

NZ Goods and Service Tax (GST)

Safety and Risk Management

To ensure maximum safety for all, our guides are certified first aiders and fully qualified drivers. Tuatara Tours operate under a Safety and Risk Management Plan which is regularly audited and approved by a qualified and independent auditor.

what is not included

- pre and post tour accommodation
- alcoholic drinks
- personal expenses
- gratuities, tipping is not expected in NZ but gratefully received. It is at your discretion whether or not to reward for excellent service





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pre tour checklist

Please ensure you have the following items for your cycle tour.

- Waterproof rain jacket with hood
- Comfortable walking/riding shoes, we suggest lightweight walking shoes suitable for cycling
- Woollen (merino) or polypro thermals (top and bottom)
- Polar fleece jacket or top or woollen jumper
- Gloves-fleece or woollen or cycle gloves if you have them
- Pair of shorts or longs (preferably quick-dry fabric, no jeans) or cycle shorts if you have them.
- Personal first aid items and any essential medications

The following are highly recommended

- Swimsuit and small towel
- Sun hat , sun glasses, sun block
- Pair of light shoes or sandals for the evenings
- Casual attire for the evenings
- Personal toiletries
- Insect repellent
- Camera
- Drink bottle (we supply you with one bottle, but you may wish to bring another)
- Torch

If you are bringing along your own bike, you must ensure your bike has been fully serviced and is in a roadworthy and safe condition to ride. Please ensure you bring spare tyres and tubes as we only carry a basic stock for the bikes we hire out.

All our hire bikes come with a helmet, hi-vis safety vest and have a standard "gel-tech" seat, you are welcome to bring your own helmet or gel seat cover if you prefer.



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frequently asked questions

What do I carry while on my tour and what happens to the rest of my luggage?

On a walking, cycling or kayak tour your extra luggage will be transported for you each day to your accommodation that night. All you need to have with you is your daypack with your lunch, clothing requirements, camera and incidentals. For cyclists, this can be left in the support vehicle while you are cycling as this is always close by for ready access. Please ensure the luggage you are sending on ahead is limited to one item and is packed in an easily transported overnight bag or suitcase.

On a hiking tour where huts and lodges are less accessible by vehicle, you may be asked to carry your own luggage for some or all of the days of the tour, please refer to your itinerary for details. For this reason we recommend you pack as lightly as possible and carry only the items suggested on your gear check list. For any of our tours, we recommend the use of a waterproof pack liner to keep your personal items as dry as possible.

Do I really need thermals and a fleece, even in summer?

Yes, as some of the areas visited can be exposed, and New Zealand weather can be notoriously changeable, you must be prepared for all weather conditions.

How many people are in each group?

Typically, we take a maximum of twelve people on each tour. We feel this gives you the best opportunity to gain as much from your experience as possible and keeps the feel of each tour relaxed and friendly. We are happy to discuss options for groups of more than twelve with you.

How fit do I need to be?

The main purpose of a guided tour is to enjoy your surroundings and learn from your local guide, it's not a race, however the more you can prepare for a tour, the better the experience will be for you. As a general guideline we suggest the following activity level guide for our tours.

- Easy: An average level of fitness, Walk 7km, Bike 15km on well-formed tracks and roads with very little incline.
- Mild: An average level of fitness, Walk 12km, Bike 25km on well-formed tracks and roads with average incline.
- Moderate: An above average level of fitness, Walk 20km, Bike 45km on formed tracks and roads with some average to steep inclines at times.
- Challenging: An above average level of fitness, Walk 20+ km, Bike 50+km on partially formed tracks and roads, some off-road, some steep inclines, some easy river and creek crossings.

Do you have bikes I can hire?

We have bikes for hire and recommend you use them as they are tried and true in the areas we operate. All of our bikes are fully maintained and serviced before they leave on a tour. We also supply you with a cycle helmet and safety vest in the cost of bike hire. You may use your own bike, but please ensure it is well maintained and fully serviced before your tour starts.

How do I train for my upcoming tour?

Undertake your training using the clothing and footwear you intend to complete the tour in, this will give you the opportunity to make sure they will be suitable for the purpose and to break in your foot wear so as to avoid any discomfort. Train with your pack or day pack on so you get used to bearing the weight and include a variety of terrain in your training including hills and off road. As much as we'd like to we can't guarantee fine weather on your tour so don't hesitate to get outdoors and train on the rainy days as well.

What will the weather be like?

New Zealand is known to have four seasons in a day so you should always be prepared for sudden changes in weather or temperature and have the appropriate gear with you at all times. Rain can be expected at any time throughout the year.

Spring (September-November) and Autumn (March-May) are generally cooler months for experiencing the outdoors with temperatures averaging 15-25 degrees during the day.

Summer (December-February) is usually warmer with averages of 20-30 degrees and longer sunshine hours due to daylight saving. As New Zealand has very little air pollution, UV rays are strong during the summer months and a good sunscreen and a hat are recommended for outdoor activities during the heat of the day.





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how to book

Go to www.tuataratours.co.nz, click the make an enquiry button and submit your booking request using the form provided.

We enjoy talking to people about their travel interests. So feel free to contact us directly if you'd rather not fill out a form.

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pre and post tour accommodation

If you would like some help booking pre/post tour accommodation we can help

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custom tours

We Can Customise Existing Tours - You may want to spend an extra day or you may want to add an element to your tour!

We Can Design A New Tour Just For You.

We have years of experience in creating custom-made tours for groups, so if you are planning a tour for your friends, family, club, corporate workplace.... contact us now.

subscribe to our newsletter

Our newsletter will be emailed to you monthly on the first working day of every month.

- latest trips
- travel advice
- events & attractions
- and more!

Go to www.tuataratours.co.nz and go to the newsletter sign up in the footer of any page.





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TuataraTours-experienced and innovative

Tuatara Tours is an experienced and innovative walking and biking adventure company, based in the South Island of New Zealand.

The vision at Tuatara Tours is to encourage as many people as possible to be involved in fun, adventure and the outdoors.

We understand the outdoors and we revel in the country, people and climate that we work with

our team is here to provide you with the best experience

We only have one world and we have to share it with each other. Much of the attraction for our clients is to experience unspoiled and un-crowded landscapes. It is our challenge to ensure that in this sharing of the experience, we minimise where possible, the impact of our business.

Through the introduction of strict environmental guidelines, we minimise our impact on the environment we live and work in

responsible travel

None of us could deny the benefits of travel in broadening our horizons and our way of thinking about the world we all share; travel breaks down barriers and provides valuable insights into other ways of life, it challenges us to step outside our comfort zone and to learn from those around us.

Our responsibility as participants in this journey is to acknowledge our impact on the environment and the communities in which we travel and to consider our individual contribution now and for the benefit of future generations.

We are Gold Qualmark endorsed; New Zealand tourism's official benchmark for environmental standards and quality control.

Wherever possible our company utilises local products and services, we support conservation efforts to preserve our natural and cultural heritage and we respect and care for the unique environment we travel in. Make your commitment to responsible travel with us.

adventure travel

By its very nature adventure travel involves an element of the unexpected. To get the most out of your adventure it is important that you are mentally flexible, positive and eager to take on all the challenges that arise.

If you are uncertain about your suitability for this tour, speak with us and we can help guide you in the right direction.

NZ Walking Tours

- The Akaroa Walk
- The Franz Josef Trail
- The Mesopotamia High Country Walk
- The Queen Charlotte Walk
- The West Coast Trail
- The Hump Ridge Track Walk
- The Coromandel Explorer Walk
- The Tongariro Crossing Walk
- The Lake Waikaremoana Walk
- Great Barrier Island Escape
- The Abel Tasman Walk - 3 Days
- The Abel Tasman Walk - 5 Days
- The Abel Tasman Walk/Kayak - 3 Days
- The Abel Tasman Walk/Kayak - 5 Days
- Bucket List Walk
- The Old Ghost Road

NZ Hiking Tours

- The Heaphy Track
- The Lake Waikaremoana Great Walk
- The Stewart Island Track
- The Tongariro Crossing Walk

NZ Cycling Tours

- Around The Mountains Cycle Trail
- The Tekapo Canal Trail
- The Alps 2 Ocean Cycle Trail
- The West Coast Wilderness Cycle Trail
- The Queenstown Cycle Trail
- The Otago Rail Trail
- The Tasman Great Taste Trail and Golden Bay Explorer

Overseas Tours

- Bhutan Tours
- Japan Walking Tours
- Australia Walking Tours

All of these tours and more available at www.tuataratours.co.nz





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country information

Culture

New Zealand has a diverse multi-cultural population, the majority of whom are of British descent. New Zealand's indigenous Maori make up around 14 percent of the population. The culture of its indigenous Maori people affects the language, the arts, and even the accents of all New Zealanders. New Zealanders embrace new technology and culture, but they also have a background of quiet but rugged individualism, self-reliance and a passion for invention. Many New Zealanders travel extensively and thrive on learning and experiencing other cultures. They are renowned for their openness, ingenuity and "easy-going" nature.

Environment

Fourteen spectacular national parks preserve New Zealand's natural heritage enshrining a huge variety of landscapes, vegetation and wildlife, New Zealand encompasses rich farmland, mountains, rivers and unsurpassed scenery. The country is slightly bigger than the UK in size. Three-quarters of the population live in the North Island with more than a third of New Zealand's population living in the largest city, Auckland.

The South Island - with its lakes, fiords and spectacular outdoor scenery is the most popular destination for tourists. The gateway to the South Island is Christchurch - a city of approximately 380,000 people.

Recreation

New Zealand's stunning landscapes, lush forests, amazing wildlife and pleasant climate make it a haven for many outdoor activities, and a great place to relax and enjoy life.

New Zealanders love the outdoors, especially tramping (hiking), camping, skiing and snowboarding. Sailing, surfing and swimming are also favourite pursuits. New Zealand's sports and recreation facilities are inexpensive, abundant and very accessible.



tuatara conservation

Tuatara Tours are proud to be actively involved in Tuatara Conservation.

Tuatara Tours has formally adopted "BP" a male juvenile tuatara who resides at Orana Park in Christchurch and is part of the conservation programme to ensure the safe future of these amazing reptiles.





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TUATARA TOURS TERMS AND CONDITIONS

Tuatara Tours NZ Limited accepts bookings subject to the following conditions:

Contract

This contract is between Tuatara Tours and you the client being any person travelling or intending to travel on a tour supplied by Tuatara Tours as the operator. The contract, including all matters arising from it, is subject to New Zealand law and the exclusive jurisdiction of the New Zealand courts. Only Employees and Directors of Tuatara Tours have authority to vary or omit any of the terms.

Price

The price is quoted in New Zealand dollars and includes GST of 15%. The price is based on prices at time of publishing and Tuatara Tours hereby reserves to modify without notice those prices in any way considered necessary or desirable.

Organised tour accommodations are based on a twin/double share accommodation. Individual travellers will be placed in rooms together with other individual travellers of the same sex. A single supplement is available on request.

Confirmation of Booking

Bookings are confirmed upon receipt of the full tour price and become definite from that date. Tuatara Tours or their agents reserve their right to decline any booking at their discretion.

Cancellation

If a client wishes to cancel a tour the following charges will be applied:
(Unless stated otherwise at time of confirmation of the tour)

1. 60 days or more from departure date - 20% of the tour cost;
2. 21 to 59 days from departure date - 35% of the tour cost; and
3. 20 days or less - no refund will be given.

If a client fails to join the tour, or joins after the tour departure date, no refund will be made. These cancellation fees are not negotiable, therefore we strongly recommend that you purchase travel insurance.

Insurance

Tuatara Tours recommends that the client take out tour cancellation insurance together with all other necessary travel insurances. Obtaining all necessary insurances is the responsibility of you the client and Tuatara Tours can not held liable for any failure on your part to get insurance.

Medical conditions

When you book you must notify us of any medical condition, medical history or medication that you are on.

Changes to Tours

Tuatara Tours will use its best endeavours to ensure that all tours are operated as advertised. It may be that reasonable changes in the itinerary may need to be made where is deemed necessary or advisable by Tuatara Tours. Changes will be advised to the client as soon as is reasonably possible. Where a tour service needs to be changed, a substitute or similar quality or standard will be provided.

Weather

Adverse weather conditions may mean that planned activities cannot proceed as intended. A decision to change an advertised tour based on the weather conditions will be made by a tour guide at the time and is made in the best interest of the group and their safety. Tuatara Tours and or their contracted suppliers can not be held responsible to any changes as a result of the weather.

General conditions

Tuatara Tours, its agents, contractors and guides do not accept responsibility or liability for loss, damage to, or theft of personal belongings (owners risk) or for any expenses, including medical and transport expenses arising from a personal accident, injury, illness, or hospitalisation. Tuatara Tours and their guides reserve the right to make any alterations to the itinerary in the interest of safety, or unforeseen circumstances due to causes such as weather, illness or misadventure. Every reasonable endeavour will be made to keep to published schedules but no guarantee is given. Tuatara Tours will not be held liable for costs incurred by change, delay or the missing of connecting services. Tuatara Tours reserves the right to exclude a person from a tour at any time, if in the opinion of the guide or operator, that person may be likely to risk the health, safety or comfort (including unsociable behaviour) of other clients, him or herself or the environment. In such circumstances, Tuatara Tours will not be obliged to offer any refund or transfer ticket. These terms and conditions apply to each participant including in a group booking. Where a booking is made on behalf of a group or two or more people then each participant in the group must be made aware of and accept these terms and conditions

